

COFFEE

	8oz	12oz	16oz
LATTE	3.95	4.45	4.95
CAPPUCINO	3.95	4.45	4.95
MOCHA	4.50	5	5.50
DRIP	3	3.50	4
LAVENDER HONEY LATTE	5.35	5.85	6.35
MATCHA LATTE	4.85	5.35	5.85
CHAI LATTE	4.50	5	5.50
SPIRIT TEA LOOSE LEAF			
HOUSE COLD BREW			
POUR OVER (MANUAL BREWING ALLOW EXTRA TIME)	4.50		
ESPRESSO	3.25		
ESPRESSO MACCHIATO ...	3.50		
CORTADO	3.75		
AMERICANO	3.25		

Plant Milks : MACADAMIA +99 / OAT +99 / ALMOND +90 / SOY +90

Dairy Milks: WHOLE MILK / SKIM / HALF & HALF

FOOD ALLERGENS: MILK, EGGS, WHEAT, PEANUTS, TREE NUTS

Signature drinks

	HOT 12oz	16oz ICED
COCONUT MATCHA LATTE	5.95	6.45
TURMERIC LATTE (ADD ESPRESSO +\$1)	5.65	6.15
ROSE CARDAMOM LATTE	5.95	6.45
CHARCOAL LATTE	5.95	6.45
VIETNAMESE ICED COFFEE		6.15

seasonal

Plant Milks : MACADAMIA +99 / OAT +99 / ALMOND +90 / SOY +90

Dairy Milks: WHOLE MILK / SKIM / HALF & HALF

FOOD ALLERGENS: MILK, EGGS, WHEAT, PEANUTS, TREE NUTS

Cold Pressed Juice 16oz \$8.50

COLD PRESSED IN OUR SHOP TUESDAYS & FRIDAYS

GREEN DETOX

Cucumber, Celery, Kale, Spinach, Apple, Lemon, Ginger, Parsley

GOLDEN IMMUNITY

Carrot, Turmeric, Apple, Lemon, Ginger

HAPPY APPLE

Pineapple, Apple, Lemon, Kale

GINGER SHOT 4oz / \$5

Ginger, Lemon, Cayenne pepper, Black Pepper, Pineapple

Detox Juice 6 Pack : \$45

FOOD ALLERGENS: MILK, EGGS, WHEAT, PEANUTS, TREE NUTS

Smoothies Bowls 16oz. ^{V VG DF} \$13.85

BLUEBERRY LAVENDER

wild blueberries, lavender, watermelon, almond milk, banana, Topped: blueberries, chia, banana granola, agave, cacao nibs

PEANUT BUTTER

peanut butter, banana, vanilla, almond milk Topped: cacao nibs, coconut flakes, almonds, banana, granola, agave

DRAGON PEARL

pitaya, mango, pineapple, strawberries,lemon, almond milk, Topped: strawberries, raspberries, chia, granola, coconut, agave

ACAI BOWL

acai, blueberries, strawberries, banana, almond milk, Topped: strawberries, cacao nibs, coconut, chia, granola, agave

MAGIC BOWL

blue majik spirulina, almond milk, almond butter, banana, Topped: strawberries, raspberry, bee pollen chia, almonds, granola, agave

GLUTEN FREE GRANOLA ON ALL BOWLS

oats, maple syrup, coconut, almonds, pecans, vanilla, cardamom, cinnamon

FOOD ALLERGENS: MILK, EGGS, WHEAT, PEANUTS, TREE NUTS

Smoothies 16oz.

BLUE UNIVERSE \$11.50

protein, blueberries, banana, almond milk, cacao nibs, chia, bee pollen

GREEN PARADISE \$10

kale, green spirulina, mango, pineapple, banana, ginger

PITAYA \$10

pitaya, pineapple, mango, banana, almond milk

BERRY SUNNY \$10

blueberries, raspberries, strawberries, banana, watermelon, almond milk

MANGO LARK \$10.50

mango, almond butter, cardamom, almond milk, dates

LAZY OWL \$11

raw cacao, almond butter, almond milk, bananas, dates, ADD espresso shot for +\$1

MERMAID POWER \$11.50

blue majik spirulina, almond milk, banana, dates, almond butter, hemp seeds, whey protein

ADD SUPERFOODS +\$1

bee pollen, maca, raw cacao, chia seeds, hemp seeds, spirulina, protein, cacao nibs

FOOD ALLERGENS: MILK, EGGS, WHEAT, PEANUTS, TREE NUTS, BEE PRODUCTS

Toast & Salads

AVOCADO TOAST \$10.50

avocado, pickled onions, arugula, watermelon radish, red pepper flakes

SMOKED SALMON TOAST \$15.60

avocado, arugula, smoked salmon, pickled onion, fish rice seasoning

GREEN GODDESS BAGEL \$12.85

everything bagel, cream cheese, cucumber, avocado, lettuce, onion, radish, sesame seeds

SALMON BAGEL \$15.85

everything bagel, cream cheese, cucumbers, onion, smoked salmon, capers

STRAWBERRY BANANA TOAST \$11

whole wheat toast, hazlenut spread, strawberries, banana, almonds, honey

AVOCADO GREEK SALAD \$11.50

spinach, arugula, avocado, cucumber, tomatoes, red onion, kalamata olives, feta, lemon vinaigrette

substitutes: whole wheat, pumpernickle, gluten free bread +\$1, everything bagel+\$1.50, gluten free bagel+\$1.50, vegan cream cheese+\$1.50

FOOD ALLERGENS: MILK, EGGS, WHEAT, PEANUTS, TREE NUTS